



# COOK-OFF PACKAGE

SUNDAY, APRIL 26, 2026 | 10:00AM-4:00PM

## CAPITOL PARK MUSEUM

660 N. Fourth Street  
Baton Rouge, LA 70802

### COOK-OFF OVERVIEW

The **Flavors of Louisiana “Anything Over Rice” Cook-Off** celebrates the rich culinary traditions that define our state. Professional chefs, caterers, restaurants, home cooks, and community teams will compete in classic Louisiana dishes served over rice.

Teams will prepare their dishes on-site and serve samples to both judges and festival attendees. Winners will be selected in each category, along with a People’s Choice Award chosen by festival guests.

### Competition Divisions

#### Professional Division

- Restaurants
- Caterers
- Professional chefs
- Licensed food businesses

**Entry Fee:** \$175 / per team

- Additional Dishes: \$50.00 / per dish

#### Amateur Division

- Home cooks
- Community groups
- Businesses
- Individuals / Backyard cooking teams

**Entry Fee:** \$125 / per team

- Additional Dishes: \$35.00 / per dish

### Competition Categories

Teams may compete in the following categories:

- Gumbo (*Seafood and/or Chicken & Sausage*)
- Red or White Beans (Any)
- Stew (Any)
- Jambalaya (Specialty Category)

**Each team registration includes one category entry. Additional category entries may be added!**



**EIN: 27-0946211**

Louisiana State Museum Friends, INC.  
DBA: Friends of the Capitol Park Museum  
[www.capitolparkfriends.org](http://www.capitolparkfriends.org)



### IMPORTANT VENDOR DATES

**APRIL 10**

Deadline for application submissions.

**APRIL 19**

Official meeting with registered teams via zoom.

**APRIL 10**

Payment due for registered teams.

**APRIL 26**

Event date.



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### WHAT TEAMS RECEIVE

**Each registered team will receive:**

- One 10x10 competition space
- Festival admission wristbands for **(3)** team members
- Official judging entry
- Eligibility for awards and People's Choice awards
- Listing in event materials (if registered by deadline)
- **ALL JUDGING & SERVING EQUIPMENT**
  - Judging bowls & utensils
  - Public serving bowls / utensils / napkins

**Teams must provide their own personal equipment and setup materials.**

### TEAMS MUST PROVIDE

- 10x10 tent
  - *Rental options available, please see registration page.*
- Cooking equipment
- Tables
- Chairs
- Serving materials
- Ingredients and supplies
- Food safety materials: hats, gloves, thermometers, etc.

### DAY-OF SCHEDULE

**Team Load-In & Setup | 7:00 AM**

**Official Cooking Start Time | 9:00 AM**

**Festival Opens | 10:00 AM**

**Booth Decoration Judging | 10:30 AM**

**Judging & Public Serving Begins | 12:00 PM**

**Awards Ceremony | 2:30 PM**

**Event Closing | 4:00 PM**

**Team Breakdown & Load-Out | 4:30 PM.**



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### COOKING RULES

- All dishes must be prepared & cooked **on-site the day of the event.**
- Teams may pre-measure ingredients and pre-cut vegetables beforehand.
- Rice may be prepared & cooked prior to the event.
- All cooking must comply with **Louisiana Department of Health standards.**
- Teams must maintain clean food preparation areas at **all times.**
- **Food must be stored safely and protected from contamination.**
- Gloves **must** be worn when handling food.
- **No open flames outside approved cooking equipment.**
- Teams **must** remain within their assigned space.
- Teams **must** remain set up until the official close of the cook-off.
- Teams are **NOT allowed to bring in outside alcohol due to insurance purposes**, your stations are subject to inspection throughout the event. There will be alcohol sold on-site during the event.

### JUDGING

Judging will be conducted by a panel of community judges. Each division will have a separate panel of judges.

#### Criteria include:

- Taste
- Authenticity
- Presentation
- Creativity

#### 1st-3rd Awards will be given for: (In each category)

- Gumbo (Chicken & Sausage / Seafood)
- Red/White Beans (Any)
- Stew (Any)
- Jambalaya (Specialty)
- People's Choice Award (Public Votes)
- Booth Decorations

#### Overall Awards

- Best Overall Professional Team
- Best Overall Amateur Team
- Flavor of Louisiana (Grand)



### Event & Sponsorship Contact

Griffin Landry, *President*  
337.967.5757  
president@capitolparkfriends.org

### Vendor & Cook-Off Team Contact

Taylor Raiford, *Secretary*  
985.662.2038  
secretary@capitolparkfriends.org

## REGISTRATION INFORMATION

COMPANY NAME: \_\_\_\_\_

PRIMARY CONTACT NAME: \_\_\_\_\_ TITLE: \_\_\_\_\_

ADDRESS: \_\_\_\_\_ CITY: \_\_\_\_\_

STATE: \_\_\_\_\_ ZIP CODE: \_\_\_\_\_

CONTACT PHONE: \_\_\_\_\_ CONTACT EMAIL: \_\_\_\_\_

WEBSITE: \_\_\_\_\_

SOCIAL MEDIA: \_\_\_\_\_

Will your company participating in the vendor fair (*circle one*) YES NO MAYBE

Would you like more information about in-kind opportunities and involvement? (*circle one*) YES NO

### YOUR COOK-OFF SELECTION:

- Professional Team | \$175.00
- Amateur Team | \$125.00
  
- Professional Additional Entry | \$50.00 x \_\_\_\_\_
- Amateur Additional Entry | \$35.00 x \_\_\_\_\_
  
- Need a 10x10 tent | +\$80

### YOUR PAYMENT METHOD:

- Check Enclosed**  
Please make checks out to 'The Friends of the Capitol Park Museum' and mail them to  
660 N. Fourth Street, Baton Rouge, LA 70802
- Credit Card**  
To pay by credit card, please email us at  
president@capitolparkfriends.org, or use the link  
provided here.
- Contact Us / Send us an Invoice**  
Please provide the contact email:  
\_\_\_\_\_

## THANK YOU FOR YOUR PARTNERSHIP

Thank you for participating in the Flavors of Louisiana Cook-Off and supporting the Friends of the Capitol Park Museum. Your participation helps fund educational programming, exhibitions, and community initiatives that keep Louisiana's stories alive.

Please review all guidelines carefully before registering!



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## COOK-OFF TEAM INFORMATION

NUMBER OF TEAM MEMBERS : \_\_\_\_\_ (Max of 8 for 10x10 space)

PLEASE EMAIL TEAM MEMBER NAMES TO [SECRETARY@CAPITOLPARKFRIENDS.ORG](mailto:SECRETARY@CAPITOLPARKFRIENDS.ORG) BY APRIL 15, 2026 AT 5:00PM.

### Important Notes:

- **Teams must remain set up until the official closing time.**
  - Early breakdown is not permitted.
- **Please keep cooking areas clean and safe throughout the event.**
  - Judges & Event staff will be monitoring booths throughout the day.
- **Food Safety:** All teams must follow Louisiana Department of Health food safety guidelines. Gloves should be used when handling ready-to-serve food, and all ingredients must be stored safely. Event organizers reserve the right to remove any team that does not comply with health and safety standards.
- **Cooking Requirements:** Competition dishes must be cooked on-site the day of the event. Teams may complete certain prep work beforehand (such as chopping vegetables or measuring ingredients), but the final dish must be prepared at the event location.
- **Cleanup:** Teams are responsible for maintaining a clean cooking space and properly disposing of waste. All trash and equipment must be removed during breakdown.
- **Event Conduct:** Teams are expected to demonstrate good sportsmanship and maintain a positive environment for guests, volunteers, and fellow competitors.

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# CREATIVE BOOTH CONTEST

SUNDAY, APRIL 26, 2026 | 10:00AM-4:00PM

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All cook-off teams and marketplace vendors are automatically entered into our Flavors of Louisiana Creative Booth Contest!

We encourage you to bring the spirit of Louisiana to life in a family-friendly, festive, and visually engaging way. Think bold, colorful, cultural, delicious, and uniquely YOU. Whether you're showcasing Cajun charm, Creole flair, bayou vibes, Mardi Gras magic, or sweet Southern hospitality — we want to see it!

Decorate your booth to impress! This applies to:

- Cook-Off Teams
- Marketplace Vendors
- Awards will be given for 1st, 2nd, and 3rd Place

Winners will be selected by a secret panel of Baton Rouge judges who know their events, presentation, and décor. They'll be looking for:

- Creativity & originality
- Connection to the Flavors of Louisiana theme
- Overall presentation & effort
- Family-friendly appeal

**So go all out, have fun with it, and show us what Louisiana flavor looks like through your lens!  
Let the decorating begin!**

**\*\*THIS IS NOT MANDATORY, BUT WE WOULD GREATLY APPRECIATE PARTICIPATION!**